## Amesbury Public Schools Breakfast Menu January 2014

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
January 2 - 3				
		WAPPU	Assorted Warm Muffins  Fruit or Juice	Warm Bagel with Cream Cheese Fruit or Juice
			and Milk Choice	and Milk Choice
January 6 - 10				
Whole Grain Cinnamon Oatmeal Breakfast Cake	Choice of Cereal with Yogurt	French Toast with Syrup and Sausage Patty	Pancakes with Syrup and Sausage Patty	Warm Bagel with Cream Cheese
Fruit or Juice and Milk Choice	Fruit or Juice and Milk Choice	Fruit or Juice and Milk Choice	Fruit or Juice and Milk Choice	Fruit or Juice and Milk Choice
January 13 - 17				
Warm Bagel with Cream Cheese	Ham, Egg and Cheese Breakfast Sandwich	Pancakes w/ Syrup and Sausage Patty	Choice of Cereal with Yogurt	Assorted Warm Muffins
Fruit or Juice and Milk Choice	Fruit or Juice and Milk Choice	Fruit or Juice and Milk Choice	Fruit or Juice and Milk Choice	Fruit or Juice and Milk Choice
January 20 - 24				
Martin Luther King Day	Warm Bagel with Cream Cheese	Sausage, Egg and Cheese Breakfast Sandwich	Waffles w/ Warm Syrup & Sausage Patty	Breakfast Muffin w/ Ham, Egg & Cheese
School Closed	Fruit or Juice and Milk Choice	Fruit or Juice and Milk Choice	Fruit or Juice and Milk Choice	Fruit or Juice and Milk Choice
January 27 - 31				
Whole Grain Cinnamon Oatmeal Breakfast Cake Fruit or Juice	Assorted Warm Muffins  Fruit or Juice	Pancakes w/ Syrup and Sausage Patty Fruit or Juice	Choice of Cereal with Yogurt  Fruit or Juice	Warm Bagel with Cream Cheese Fruit or Juice
and Milk Choice	and Milk Choice	and Milk Choice	and Milk Choice	and Milk Choice

Daily assortment of chilled fruit, juice and milk. (1%, chocolate or skim)
Student breakfast prices: Regular: \$1.60 □ Reduced: .30 □ Milk: .50